



First Night Essentials Checklist

Clea	n-up Supplies	Slee	eping Gear
	Multi-surface cleaner or disinfectant wipes		Bed linens (sheets, pillowcases, blankets)
	Paper towels (1 roll)		Pillows
	Trash bags (3)	同	Sleeping bag or air mattress (if needed)
$\overline{\Box}$	Disposable gloves	一	Pajamas or comfortable clothes
	Small toolkit (hammer, screwdriver, pliers,	同	Change of clothes for the next day
	box cutter)		
Щ	Light bulbs (extras)	- ··	
Ш	Tape and scissors	Bati	hroom Essentials
	Flashlight with batteries	Ш	Bath towels and washcloths
_		Ш	Toothbrushes and toothpaste
Eas	y Meals & Hydration		Soap or body wash
	Bottled water (1–2 per person)		Shampoo and conditioner
	Shelf-stable snacks and canned goods		Toilet paper (2 rolls)
	Disposable plates, cups, and utensils		Shower curtain & rings (if needed)
	Can opener (not electric)		Hairbrush or comb
	Napkins or hand wipes		Basic first-aid kit
Pers	sonal Items & Tech	Kids	s & Pets
Pers	onal Items & Tech Prescription Medications	Kids	s & Pets Favorite toy, blanket, or book
Pers		Kids	
Pers	Prescription Medications	Kids	Favorite toy, blanket, or book
Pers	Prescription Medications Cell phone and charger	Kids	Favorite toy, blanket, or book Pajamas and comfort items for children
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	Prescription Medications Cell phone and charger Power strip or surge protector Prescription medications Wallet, ID, and keys Laptop, tablet, or reading material		Favorite toy, blanket, or book Pajamas and comfort items for children Pet food, bowls Disposable litter box (for cats) Leash, Waste bags & favorite toy (for dogs)
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